GW ADVENTURE BOUND

OCEAN

DAY ONE (Friday, August 20)
- ALL DAY: Move into your residence hall (home sweet home!)
- EVENING: Meet your student guides for the trip, staff or faculty learning partner, and all the other first year students attending the trip. We’ll also look over what you are packing & get you fitted for any gear if you need to borrow some.

DAY TWO (Saturday, August 21)
- MORNING: Wake up bright & early to hit the road towards Virginia Beach.
- AFTERNOON: Arrive at the 1st landing campground in Virginia Beach State Park around lunch time and get some summertime sun in at the beach. Lunch is on the beach!
- EVENING: Head back to the campground, set up camp, camp dinner, continue small group sessions, and campfire.

DAY THREE (Sunday, August 22)
- MORNING: Wake up bright an early for a kayak tour where you may be able to catch a glimpse of some dolphins!
- AFTERNOON: Explore the trails and ocean with lunch on the beach.
- EVENING: Dinner, campfire, small groups, and of course S’MORES!

DAY FOUR (Monday, August 23)
- MORNING: Get ready to go on a hike and more swimming at the Back Bay National Wildlife Refuge.
- AFTERNOON: Time to ride the waves- SURF LESSONS! Learn to learn a new skill or show off your tricks!
- EVENING: Wind down with dinner, stories, small group, and songs around the campfire!

DAY FIVE (Tuesday, August 24)
- MORNING: Wake up bright and early to catch the sunrise (if you want), enjoy our last breakfast together, pack up the site and head back to campus.
- AFTERNOON: Arrive back on-campus, return any borrowed gear, and get ready for orientation starting in the evening.

This is a sample itinerary changes may occur with program updates.
Participants will receive an updated itinerary closer to departure dates.